

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	3005	Lemaitre	Loïc	Leuven	M1	MAS+35	De Jogclub	00:31:11	19.24	03:07
2	979	Van de Weyer	Jorre	Meerhout	M2	SEN	Kempisch Triatlon Team	00:31:36	18.99	03:09
3	972	Speltinckx	Kristof	Messelbroek	M3	MAS+45	ROBA - Resistance st...	00:35:15	17.02	03:31
4	508	De Rooy	Andy	Grobendonk	M4	MAS+45	Coyote Sports Team	00:35:30	16.9	03:33
5	503	Mans	Steve	Testelt	M5	MAS+40	Sqmrunningteam	00:36:29	16.45	03:38
6	3014	Paesmans	Tom	Bekkevoort	M6	MAS+45	RCT Tienen	00:36:45	16.33	03:40
7	512	Vanlommel	Tim	Laakdal	M7	MAS+45		00:36:53	16.27	03:41
8	3015	Paesmans	Anna	Bekkevoort	V1	SCH	RCT Tienen	00:36:59	16.22	03:41
9	3010	Theys	Kevin	Tienen	M8	MAS+40	SQM Running team	00:37:01	16.21	03:42
10	3003	Verlinden	Herwig	Messelbroek	M9	MAS+55	rsca	00:37:05	16.18	03:42
11	3008	Trappeniers	Philip	Schaffen	M10	MAS+40	Triatlonclub Lummen	00:37:16	16.1	03:43
12	3007	Suttels	Bart	Bekkevoort	M11	MAS+35	Go Like Hell	00:37:40	15.93	03:46
13	519	Van Vlasselaer	Benny	Schriek	M12	MAS+55	ROBA	00:37:42	15.92	03:46
14	509	Laureys	Kenneth	Morkhoven	M13	SEN	DRT De Dorpspomp	00:38:05	15.75	03:48
15	996	Waterschoot	Eric	Lummen	M14	MAS+55	Stad Diest	00:38:14	15.69	03:49
16	982	Van Gorp	Yves	Testelt	M15	MAS+35		00:38:29	15.59	03:50
17	957	Mosselman	Jelle	Diest	M16	MAS+40		00:38:46	15.48	03:52
18	978	Van De Gaer	Wesley	Averbode	M17	MAS+40	Boothyvision	00:38:59	15.39	03:53
19	3009	Wouters	Chriske	Diest	M18	MAS+50	SQM Running team	00:39:01	15.38	03:54
20	523	Hoskens	Benny	Laakdal	M19	MAS+55	Bosvrienden	00:39:21	15.25	03:56
21	947	Dewil	Bart	Diest	M20	MAS+50	ROBA	00:39:29	15.2	03:56
22	532	Hendrix	Kris	Testelt	M21	MAS+50	Weefbergrunners	00:40:13	14.92	04:01
23	521	Van Styvoort	Jan	Diest	M22	MAS+40		00:40:46	14.72	04:04
24	925	Bens	Arne	Tessenderlo	M23	SEN		00:41:10	14.57	04:07
25	959	Nulens	Tom	Diest	M24	MAS+40	ROBA Diest	00:41:12	14.56	04:07
26	963	Peeters	Karen	Schriek	V2	MAS+55	Bonheiden	00:41:38	14.41	04:09
27	961	Peeters	Ben	Diest	M25	MAS+35		00:41:42	14.39	04:10
28	962	Peeters	Dirk	Binkom	M26	MAS+55		00:41:43	14.38	04:10
29	989	Verbrigghe	Jos	Kampenhout	M27	MAS+65	ROBA	00:41:44	14.38	04:10
30	501	Hollebecq	Hannes	Diest	M28	MAS+40		00:42:08	14.24	04:12
31	3018	Verboven	Vincent	Zichem	M29	MAS+35	blijf lopen s-Z	00:42:24	14.15	04:14
32	955	Janssen	Liv	Diest	V3	CAD	ROBA Diest	00:42:41	14.06	04:16
33	983	Vanden Bosch	Rudy	Holsbeek	M30	MAS+60	Kapsalon Luc	00:43:07	13.92	04:18
34	515	Van Os	Daniële	Holsbeek	V4	MAS+35	Sportiva Gelrode	00:43:08	13.91	04:18
35	525	Van Hemelen	Paul	Scherpenheuvel	M31	MAS+55		00:43:10	13.9	04:19
36	945	Dendas	Jo	Kagevinne	M32	MAS+45	ROBA	00:43:42	13.73	04:22
37	516	Van Dingenen	Steven	Halen	M33	MAS+45	GS Runners	00:43:56	13.66	04:23
38	520	Degelaen	Dirk	Zichem	M34	MAS+45		00:44:03	13.62	04:24
39	998	Vande Reyde	Maurits	Diest	M35	MAS+35	Stad Diest	00:44:05	13.61	04:24
40	1000	Severi	Bart	Aarschot	M36	MAS+45	Stad Diest	00:44:09	13.59	04:24
41	526	Saenen	Tom	Tessenderlo	M37	MAS+45	Bosvrienden	00:44:10	13.58	04:25
42	3006	Van Aerschot	Dieter	Herent	M38	SEN	Terrasridders	00:44:18	13.54	04:25
43	987	Vanoppen	Yannick	Kortenaken	M39	SEN		00:44:32	13.47	04:27
44	977	Van Aerschot	Brent	Herent	M40	SEN		00:44:37	13.45	04:27
45	937	Cossio	Juan	Diest	M41	SEN		00:44:45	13.41	04:28
46	507	Pollet	Wim	Drieslinter	M42	MAS+45		00:44:58	13.34	04:29
47	517	Bergiers	Arthur	Diest	M43	SEN		00:45:00	13.33	04:30
48	531	Van De Kerkhof	Tom	Diest	M44	MAS+40		00:45:07	13.3	04:30
49	528	Laforle	San		M45	MAS+40		00:45:40	13.14	04:34
50	518	Van Looy	Kristel	Schriek	V5	MAS+50	ROBA	00:45:47	13.11	04:34

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51	3002	Vermeulen	Jo	Wilsele	M46	MAS+45		00:46:11	12.99	04:37
52	974	Swinnen	Brian	Molenstede	M47	SEN		00:46:17	12.96	04:37
53	1001	Van Dyck	Jonas	Diest	M48	SEN		00:46:17	12.96	04:37
54	967	Raeymaekers	Chantal	Holsbeek	V6	MAS+55	Kapsalon Luc	00:46:23	12.94	04:38
55	3012	Severens	Herman	Langdorp	M49	MAS+55		00:46:30	12.9	04:39
56	542	Van Dyck	Sander	Langdorp	M50	SEN		00:46:38	12.87	04:39
57	929	Biesmans	Frederik	Diest	M51	MAS+40		00:46:42	12.85	04:40
58	984	Vanden Elschen	Waldo	Nieuwrode	M52	MAS+50		00:46:59	12.77	04:41
59	965	Poelmans	Johan	Diest	M53	MAS+40		00:47:16	12.69	04:43
60	988	Vansimpson	Yamina	Diest	V7	SEN	ROBA Diest	00:47:30	12.63	04:45
61	535	Scheymans	Lars	Paal	M54	SEN		00:47:37	12.6	04:45
62	548	Zaboli	Jasper	Diest	M55	SEN		00:47:38	12.6	04:45
63	534	Dirkx	Jannik	Tielt-Winge	M56	MAS+40	ROBA	00:47:48	12.55	04:46
64	944	De Wit	Klara	Bunsbeek	V8	MAS+40	Sportiva Gelrode	00:47:58	12.51	04:47
65	513	Stassart	Koen	Nieuwerkerken	M57	MAS+40		00:48:02	12.49	04:48
66	3017	Stockmans	Jeroen	Bekkevoort	M58	SEN		00:48:06	12.47	04:48
67	990	Vermaelen	Wendy	Holsbeek	V9	MAS+45	Kapsalon Luc	00:48:27	12.38	04:50
68	514	Vermaelen	Johan	Holsbeek	M59	MAS+45	Sportiva Gelrode	00:48:29	12.38	04:50
69	524	Vandenborre	Boris	Zelem	M60	MAS+35		00:48:43	12.32	04:52
70	940	Cypers	Jo	Aarschot	M61	MAS+40	ROBA Diest	00:48:45	12.31	04:52
71	956	Luyts	Emiel	Winksele	M62	MAS+65	Kapsalon Luc	00:49:09	12.21	04:54
72	3001	Geleyn	Thieu	Bekkevoort	M63	MAS+45	ROBA Diest	00:49:15	12.18	04:55
73	927	Beutels	Bram	Diest	M64	MAS+35		00:49:17	12.17	04:55
74	973	Stroobants	Herman	Leuven	M65	MAS+55		00:49:40	12.08	04:58
75	502	De Smedt	Jasper	Scherpenheuvel	M66	SCH	ROBA Diest	00:50:05	11.98	05:00
76	954	Jacobs	Franky	Scherpenheuvel	M67	MAS+45		00:50:11	11.96	05:01
77	964	Peirelinck	Hanne	Diest	V10	MAS+35		00:50:41	11.84	05:04
78	543	Peeters	Nand	Kaggevinne	M68	SEN	Papkes	00:50:43	11.83	05:04
79	544	Verstraeten	Jens	Diest	M69	SEN		00:50:47	11.81	05:04
80	930	Boey	Giel	Tielt-Winge	M70	SEN		00:50:48	11.81	05:04
81	942	De Dobbeleer	Jan	Diest	M71	MAS+40		00:50:49	11.81	05:04
82	533	Collier	Roger	Diest	M72	MAS+45		00:50:51	11.8	05:05
83	547	Beckers	Paul	Kaggevinne	M73	MAS+60		00:50:53	11.79	05:05
84	951	Gevers	Kenneth		M74	SEN	Bodystyling Diest	00:51:00	11.76	05:06
85	529	Degraen	Wesley	Diest	M75	MAS+40		00:51:18	11.7	05:07
86	530	Aertgeerts	Bert	Diest	M76	MAS+45		00:51:20	11.69	05:08
87	933	Cespedes	Ann	Diest	V11	MAS+40		00:51:29	11.65	05:08
88	952	Huybrechts	Jelle	Zelem	M77	MAS+40		00:51:46	11.59	05:10
89	504	Sels	Bram	Diest	M78	MAS+35		00:52:44	11.38	05:16
90	976	Trappeniers	Alexander	Schaffen	M79	MIN	ROBA Diest	00:52:46	11.37	05:16
91	960	Ooms	Sophie	Schaffen	V12	MAS+40		00:52:59	11.32	05:17
92	536	Drijvers	Kris	Diest	M80	MAS+55		00:53:05	11.3	05:18
93	924	Beeckelaers	Hinko	Kessel Lo	M81	MAS+40		00:53:07	11.3	05:18
94	511	Cabuy	Paula	Geel	V13	MAS+60		00:53:23	11.24	05:20
95	928	Bex	Inge	Diest	V14	MAS+45		00:54:44	10.96	05:28
96	545	Cuffez	Myron	Antwerpen	M82	SEN		00:55:05	10.89	05:30
97	968	Roten	Bruno	Diest	M83	MAS+50		00:55:21	10.84	05:32
98	506	Werbrouck	Tom	Scherpenheuvel	M84	MAS+45		00:55:27	10.82	05:32
99	939	Crispeyn	Katrien	Diest	V15	MAS+40		00:55:37	10.79	05:33
100	546	Vandevorst	Nele	Diest	V16	MAS+35		00:55:40	10.78	05:34

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101	540	De Wijngaert	Angélique	Messelbroek	V17	MAS+40	ROBA	00:55:42	10.77	05:34
102	922	Aerts	Sara	Schaffen	V18	MAS+40		00:56:43	10.58	05:40
103	992	Verweij	Elly	Schaffen	V19	MAS+50		00:56:45	10.57	05:40
104	932	Celis	Veronique	Diest	V20	MAS+35		00:58:13	10.31	05:49
105	527	Jacobs	Lore	Scherpenheuvel	V21	SEN		00:58:25	10.27	05:50
106	948	Eijckmans	Eric	Laakdal	M85	MAS+60		00:58:32	10.25	05:51
107	971	Smeulders	Natalie	Scherpenheuvel	V22	MAS+45		00:58:47	10.21	05:52
108	993	Vonckx	Caroline	Paal	V23	SEN		01:00:03	9.99	06:00
109	926	Bergmans	Ines	Diest	V24	SEN		01:00:04	9.99	06:00
110	935	Cleynhens	Karine	Tremelo	V25	MAS+55	Berglopers	01:00:41	9.89	06:04
111	953	Indigne	Dirk	Keerbergen	M86	MAS+60		01:00:43	9.88	06:04
112	943	De Rijcke	Tina	Zichem	V26	MAS+40	ROBA	01:00:58	9.84	06:05
113	936	Coppin	Tom	Zichem	M87	MAS+40	ROBA	01:00:59	9.84	06:05
114	946	Devos	Ester	Diest	V27	MAS+35		01:01:18	9.79	06:07
115	970	Siongers	Sofie	Lubbeek	V28	MAS+35		01:01:19	9.79	06:07
116	991	Vermeulen	Ester	Schaffen	V29	MAS+35		01:01:20	9.78	06:08
117	541	Vanroy	Sofia	Schaffen	V30	MAS+35		01:01:59	9.68	06:11
118	980	Van den Baere	Janne	Diest	V31	SEN	Bodystyling Diest	01:02:06	9.66	06:12
119	949	Es	Daphne	Diest	V32	MAS+45		01:03:46	9.41	06:22
120	537	Exelmansl	Riena	Tessengerlo	V33	SEN		01:04:21	9.32	06:26
121	538	Wellens	Maxime	Ham	V34	SEN		01:04:22	9.32	06:26
122	539	Moons	Astrid	Diest	V35	SEN		01:04:23	9.32	06:26
123	966	Raemaekers	Lore	Zichem	V36	SEN		01:04:25	9.31	06:26
124	510	Callewaert	Wim	Lubbeek	M88	MAS+60	DACL Leuven	01:05:07	9.21	06:30
125	975	Thielens	Damien		V37	SEN		01:05:10	9.21	06:31
126	934	Ceusters	Annelore	Averbode	V38	SEN		01:05:11	9.2	06:31
127	994	Boute	Gijs	Molenstede	M89	MAS+40	Stad Diest	01:06:20	9.05	06:38
128	969	Servaes	Lili	Scherpenheuvel	V39	MIN	ROBA Diest	01:07:36	8.88	06:45
129	522	Poelmans	Anna	Meldert	V40	MIN	ROBA	01:07:37	8.87	06:45
130	950	Gailliez	Anne-Sophie	Tessengerlo	V41	JUN		01:07:39	8.87	06:45